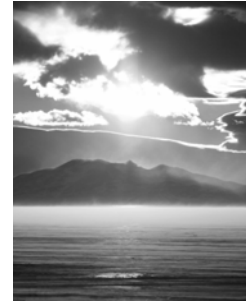




Preface



By Jules and the Guides

What is Channeling?

We all *channel*, all of the time. We bring thoughts into verbal and written expression continuously. Where do these thoughts come from? And why do we choose the ones we do to individually express?

Thoughts are simply threads of energy comprised as matter. Thought is the initial component of material manifestation. In other words, “What you think is what you get.” Through the process of meditation and other methods that quiet the mind we begin to clear away enough clutter so that thoughts of higher quality (finer vibration) can enter our mental bodies. Thus *channeling* is a process of obtaining information of a higher sort via going into a semi- or fully altered state of consciousness and voicing verbally the messages sent from the consciousness of other life forms. This seems to take place by communicating with energy sources outside ourselves.

Here is an explanation of channeling by the guides:

It may seem as though, when one is (so-called) channeling, that information is being sent in from an outside energy source. This is only a perception, as it is not possible for anything to come from without the Self, for everything is the Self. And yet the Self is nothing. This is quite confusing for the rational mind to understand.

The energy patterns that you call *the guides* are only outside of your personal perception. We shall use the term “personal perception” in reference to that which you perceive yourself to be. You are just “so big” in your perception: no larger and no smaller. You are who you are at any given moment in perception. You may perceive yourself to be intelligent one day and pretty stupid on another. These are definitions of perceived Self. They are not the actual Self.

However, in attempting to define the process of channeling to you, we must work within your limitations. We understand and acknowledge that you do know everything and that you have chosen to forget knowledge in order that you may play a fun little game of discovery, of remembering. It is to our liking also for we have chosen to play along with you.

You see, in actuality, we are a part of you that you have forgotten. It has been since the beginning of humankind's evolution that those choosing to listen to more than the voice of the mass consciousness have heard other voices. You have historical records of profound statements made by prophets and seers from all times. Why is it that these persons seem so wise and able to interpret or hear such high information? It is because they have chosen (either consciously or subconsciously) to expand their perception of consciousness.

Visualize in your mind's eye your own consciousness. Really see it. Notice how large it is. Perhaps it extends hundreds of feet beyond your physical-ness or perhaps just a few feet. Within this consciousness is everything that you know, everything that you can retrieve at will. For example, "two plus two equals four." This you know and can retrieve instantaneously when asked. Now there are many things hidden within this perception of consciousness that are not readily visible to you. Perhaps you are attending a theater presentation and you can recite the lines to the play before the characters themselves recite them. This could be due to the fact that you played Romeo in an earlier high school performance, or that you read Shakespeare many long years ago and had forgotten.

Now if we were to tell you that you have the potential ability to recite each and every word that any given person were about to speak, it would scare you into hiding wouldn't it? Yes, that it might. But we do express to you that you have these abilities and humankind is on the brink of discovering profound "telepathic" (we use this word sparingly for we have not found appropriate description in your language for the process of mind-linking) abilities that are possible in all advanced stages of consciousness.

We shall expound upon the abilities of consciousness in further discourse. We wish now to explain the process of what your society defines as channeling:

Channeling seems to those who are experiencing it to be a process by which higher information is accessed. When one is developing consciousness, he or she is in actuality just opening up to remembering parts of consciousness that have been forgotten.

When human evolution "fell" into the density of *third-dimensional consciousness*, all other dimensions were temporarily forgotten. The perception of third-dimensional consciousness is about all that is seen from human awareness—in this consciousness everything is solid and there is nothing beyond what can be known through the five senses. Let us play with this for a moment. Imagine in your mind's eye that you have no physical-ness. You have no physical body, no material possessions to maintain. Do you sense how light filled you are, how you have nothing to take care of?

When humankind made the choice to descend into third dimensional perception, they also chose to do it perfectly. And to create density with such perfection, it is all but impossible not to get lost within the physical-ness. It takes all of one's time and energy just to maintain materialism. For those of you trying to "get out", take a good look around at how much materialism you are

attempting to maintain. Does it take much of your time? Yes? Well then you will never get out until you take on a lighter perspective and clean up unnecessary materialism. We do not say this lightly however, for it is a serious subject.

Let us take a look at many who state that they wish to channel or expand their personal consciousness. We look at their homes and we see clutter, massive clutter. We see unnecessary boxes of material items, which will most likely never be used again. Why would one wish to hang on to clutter, which serves no personal use? It only gets in the way of expansion. One must have a lot of empty room to move into. Such is the void in consciousness. First one must clean out the physical closets, thus proceeding with massive clearing of the emotional and mental closets.

There are many processes by which to clear the emotional and mental baggage that humans carry. Find an appropriate method, which seems to eliminate the darkness in the most expedient way. It is not always necessary to know exactly what garbage is being thrown. For often it is best not to know. But it must be done to clear the way for light to shine through.

Because humankind chose to experiment with density, it was necessary to develop belief structures that would maintain and keep (set up) the physical structures of 3-D. For example, in order to keep traffic moving smoothly you must have your stoplights. In order to keep your physical shelter you must maintain the electrical and plumbing features. It is necessary to make repairs in order that the structure is maintained. We suggest, however, that there are many structures that no longer need maintaining (such as outdated relationship units no longer appropriate to personal expansion.)

We are also suggesting that many cling to obsolete ideas of what the Self is, of its capabilities. Often you do not acknowledge the incredibleness of your abilities. All that is necessary is a willingness to see, to experience. We tease you with this note for we know of your curious nature. You are much like your feline, for you will curiously explore all of your perceived reality. We lead you then teasingly into this discourse. So be it that you will discover massive amounts of fun and exciting insights that you will experiment and play with.

We encourage you to take a very “light” look at much of what will be revealed to you in this book, for you need no more heaviness in your world. You need only light to make the next leap in consciousness. We express our sincere gratitude to those of you who are reading this. You can bring guidance into your personal consciousness. This guidance is more expanded than you presently know. Just by opening up spaces, by clearing out the old unusable baggage that you carry, you will begin to feel energies of varying quality. This will enlighten you into higher more expanded states of consciousness. And soon you will become the guidance that you once channeled. Isn't this a marvelous experiment that we together and singularly have created? We hope that you feel the excitement of this, our adventure. We have much information to share and wish to have it charged with the energy of you, the reader. For each individual representation of spirit has a piece to give, a part to play.

Reactions to the following material will vary. You may read through the material quickly and easily or it may take you quite some time to work through it. Some readers may decide this information is not appropriate to their way of living in this world. It is not meant to preach, but to share another version of a possible truth. This truth is working in my life and the lives of many others who have read this and other books within the *Utopian Vision Ascension Series*.

Dimensional Ascension: Multi-Dimensional Living for the Light Worker is followed by a workbook. The book is subdivided into sections. At the end of each of these sections you will be instructed to follow up with workbook questions. The page number where you will find these questions will also be listed. The workbook can be used individually or in study group process. Or you may decide not use them at all. For more instruction on how to use the workbook, please see page 132.

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